

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Set A: Porridge w Egg, Hash Brown, Vege &amp; Orange</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 520 kcal Carbohydrates: 80 g Protein: 24 g Fat: 20 g</p>	<p><b>Set A: Bread w Oats, Half-boiled Egg, Vege &amp; Orange</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 480 kcal Carbohydrates: 80 g Protein: 19 g Fat: 9 g</p>	<p><b>Set A: Sandwiches w Nugget, Crackers &amp; Watermelon</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 645 kcal Carbohydrates: 104 g Protein: 30 g Fat: 22 g</p>	<p><b>Set A: Muffin w Hash Brown, Nugget, Orange &amp; Yoghurt Drink</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 495 kcal Carbohydrates: 61 g Protein: 9 g Fat: 24 g</p>	<p><b>Set A: Chicken Burger w Vege, Orange &amp; Yoghurt Drink</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 529 kcal Carbohydrates: 62 g Protein: 20 g Fat: 23 g</p>
<p><b>Set B: Doughnut w Hash Brown, Apple &amp; Yoghurt</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 446 kcal Carbohydrates: 63 g Protein: 9 g Fat: 18 g</p>	<p><b>Set B: Hotdog w Curry puff, Orange &amp; Yoghurt</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 255 kcal Carbohydrates: 38 g Protein: 6 g Fat: 5 g</p>	<p><b>Set B: Fried Kuey Teow w Egg, Currypuff, Vege &amp; Orange</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 616 kcal Carbohydrates: 84 g Protein: 22 g Fat: 30 g</p>	<p><b>Set B: Roti Telur w Curry, Vege &amp; Orange</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 433 kcal Carbohydrates: 55 g Protein: 13 g Fat: 22 g</p>	<p><b>Set B: Curry Noddles w Eggplant, Long Beans &amp; Guava</b></p> <p style="text-align: center;">Herbal Tea</p>  <p style="text-align: center;">Calories: 500 kcal Carbohydrates: 34 g Protein: 10 g Fat: 35 g</p>
Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8

Food pictures are for reference purpose only.

This menu are available at Imperial International School only.

## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Set A: Spaghetti w Corn, Carrot &amp; Orange</b></p> <p>Herbal Tea</p>  <p>Calories: 435 kcal Carbohydrates: 50 g Protein: 45 g Fat: 2 g</p>	<p><b>Set A: Fried Rice w Fried Chicken, Vege &amp; Orange</b></p> <p>Herbal Tea</p>  <p>Calories: 622 kcal Carbohydrates: 65 g Protein: 28 g Fat: 28 g</p>	<p><b>Set A: Lamb Chop w Vege &amp; French Fries</b></p> <p>Herbal Tea</p>  <p>Calories: 345 kcal Carbohydrates: 16 g Protein: 14 g Fat: 17 g</p>	<p><b>Set A: Fish n Chips w Mashed Potato &amp; Vege</b></p> <p>Herbal Tea</p>  <p>Calories: 338 kcal Carbohydrates: 31 g Protein: 13 g Fat: 11 g</p>	<p><b>Set A: Noodles w Vege, Dumplings &amp; Orange</b></p> <p>Herbal Tea</p>  <p>Calories: 420 kcal Carbohydrates: 74 g Protein: 14 g Fat: 8 g</p>
<p><b>Set B: Rice w Steamed Fish, Vege &amp; Orange</b></p> <p>Herbal Tea</p>  <p>Calories: 415 kcal Carbohydrates: 55 g Protein: 35 g Fat: 6 g</p>	<p><b>Set B: Rice w Bitter Gourd, Mixed Vege, Fucok &amp; Apple</b></p> <p>Herbal Tea</p>  <p>Calories: 353 kcal Carbohydrates: 62 g Protein: 12 g Fat: 7 g</p>	<p><b>Set B: Chicken &amp; Potato Curry Rice w Egg &amp; Broccoli</b></p> <p>Herbal Tea</p>  <p>Calories: 536 kcal Carbohydrates: 29 g Protein: 40 g Fat: 29 g</p>	<p><b>Set B: Nasi Lemak w Fried Egg, Fried Chicken &amp; Apple</b></p> <p>Herbal Tea</p>  <p>Calories: 571 kcal Carbohydrates: 37 g Protein: 33 g Fat: 31 g</p>	<p><b>Set B: Rice w Fried Egg, Steamed Chicken, Vege &amp; Apple</b></p> <p>Herbal Tea</p>  <p>Calories: 450 kcal Carbohydrates: 30 g Protein: 32 g Fat: 16 g</p>
Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8	Price: RM5–RM8

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